

True Love Is Empowering

-by Kimberly

When a parent truly loves her child, she, by definition, truly loves herself. She sees herself and her needs as equal in every way to theirs. She realizes that she can not give that which she does not have. Therefore, providing for her own needs is of paramount importance.

She has a strength from deep within that allows all others, including “her children,” to feel and be as they wish—providing that those in her stewardship, “her children,” do not infringe on her agency and choices to establish the proper boundaries.

Realizing that emotions and relationships can flow and grow, she gives all others, including her children, room to feel towards her as they wish. True love is disinterested. That is, there is no thought of personal return nor of personal loss in the act of loving.

An emotionally weak mother often looks to her child’s clinging dependence for her own self-fulfillment. She finds a deep need met within herself as she constantly dotes over the infant’s every want. She is afraid to do anything that might cause the child to reject her. She is

erroneously looking for her “power” from them, instead of from the inherent power of her own being.

Her insecurity causes her to consider only what she perceives to be her loss in the act of allowing him to feel any distress. If such is the case, she is not loving the child. Nor is she loving herself.

To truly love another, a parent must empower herself AND the other. Her compassion **MUST** be balanced with a proper wisdom of the long-term repercussions of all actions. This is true, empowering love.