

# True Love

~by Kimberly

True love exacts that I must love myself with all my heart (great, consistent, allowing, glorious emotion), all my soul (my physical body acting in concert with those feelings) and with all my mind (thoughts and intentions and desires).

As I allow and cherish my SELF and live in accord with the great unifying JOY of my body, thoughts, emotions, my works will all be a representation of who I really AM. I will then (naturally) treat all others with the same depth of allowance, joy and wisdom. There will be NO ONE who will be above or below me. I will perceive and treat ALL equally as divine, beautiful, and worthy of my perfect love.

As I live in this manner, I will be accessing the pure balance of peace that was originally experienced by "me."